



**EVERY
HUMAN**
RAMADAN 2021

Your Ramadan charity in action

All the latest from our distributions across nine countries.

Shabana is turning her life around

How a sewing machine has transformed her life



EVERY HUMAN *IS BACK*

“This month has come to you, and in it there is a night that is better than a thousand months. Whoever is deprived of it is deprived of all goodness, and no one is deprived of its goodness except one who is truly deprived.” (Ibn Majah)

As we all work to make the most of these last 10 nights, we pray it's an opportunity for mercy, forgiveness, and compassion for all. Our second Ramadan edition of Every Human is back to bring you all the latest insights and information from our Ramadan work around the world.

We'll be updating you on all our Feed the Fasting distributions – a live, unfolding look into how your donations have helped the most vulnerable to stay nourished in Ramadan. We'll also introduce you to Ahmed, our Communications Officer in Yemen who'll explain how we keep distributions COVID-safe. You'll also meet Fatima, who'll take you through a distribution in Somalia.

It's a chance to meet some of the people you help too – you'll hear from Shabana, in Pakistan, who received a sewing machine and training, and whose two children are thriving under our orphan sponsorship programme.

So come, join us in these last nights of Ramadan, and get to know our projects, staff, and those we help a little better.

We hope you enjoy getting to know us a bit better, and from Every Human here at Human Appeal, thank you.

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This mother and child were so happy after receiving food packs in Pakistan.

RAMADAN LIVE

Since our last update a week ago, we've been busy distributing food parcels across nine countries.

- In Lebanon, we've provided over **1,000** hot meals and **1,300** family food parcels to refugees.
- In Sudan, we provided **250** family food parcels.
- In Somalia, we've provided **1,800** families with a food parcel to last a month, helping **7,200** people.
- In Harem, Syria, we provided **1,145** families with food parcels to last a month.
- In Morocco, we distributed **330** food vouchers across seven locations.
- In Pakistan, we've delivered **260** food parcels in Taxila and delivered **500** hot meals.
- In Yemen, we delivered food parcels to **400** people with disabilities and to **220** orphans.
- In Gaza, we've provided food vouchers to **3,700** people.
- Last year, you helped **201,309** people during Ramadan and Eid al-Fitr, across seven countries. You provided **23,793** families with nutritious food parcels lasting the entire month – that's over **142,000** people – and provided an incredible **9,760** hot meals.

Keep an eye on our social media platforms and newsletter for all the latest updates from our Feed the Fasting campaign.



Fatma is enjoying using her sewing machine to create clothing along with her family members.

FATMA TURNED HER LIFE AROUND WITH A SEWING MACHINE

Last week, we visited Fatma, a mother-of-two in Mansehra, Pakistan. Two years ago, our donors provided her with a sewing machine and training. Let's see how she's getting on.



It has been six years since my husband passed away. After that, our circumstances got really difficult. Two years ago, Human Appeal stepped in and supported us with a sewing machine.

I use the machine to sew clothes at home, and, since then, things have become a bit easier for me. Our living conditions have improved. We used to live in a house made of mud, but now we have built a proper house.

My children are doing well at school, and I've started a teaching centre where I instruct two girls.

I sew, and I run the centre all on my own. It was difficult at first, but since Human Appeal started supporting me, my circumstances have improved a lot.

My children are enrolled in schools; they study and are doing very well in their studies. I'm so grateful to Human Appeal – if they hadn't supported us then our circumstances wouldn't have improved because there's no-one else in the family, just me and my children.



HOW ARE DISTRIBUTIONS IN SOMALIA GOING?

Fatima Abshir is our communications officer in Mogadishu, Somalia. She's been working with Human Appeal for over three years. Let's hand over to Fatima to learn how our Ramadan distributions have been going in Somalia.



Ramadan is a time to recharge spiritually and to make ibadah. It's also the busiest month of the year for me because of the different projects we implement in Ramadan. But it's worth it, because the end result is helping thousands of people to be well nourished and supported.

This Ramadan, we're distributing food parcels to families who've fled violence and climate disasters, and are now living in camps in Mogadishu.

We started our distributions two days before Ramadan. So far, we've reached **1,890** families and we're going to reach a further **2,600** families in the next few days, inshallah, including 600 families of sponsored orphans.

We're also focusing on all displaced people, including older people and those with disabilities. There's a priority focus on women since they make up the majority of heads of households in the camps.



In Somalia your donations are providing essential food packs for many, easing their struggle this Ramadan.

Ramadan memories and motivations

A few days before Ramadan I met a mother and her children living in one of these camps. They'd been there for several months and experienced a lot of hardship. She was forced to flee her home twice because of conflict, before finally arriving here. This Ramadan, she received a food parcel providing her with nutritious food to last her and her children an entire month.

My country has endured a civil war that has completely destroyed the infrastructure and economic status of the country. In the 30 years since, it has since been progressing, but

security and political instability are key obstacles.

I joined Human Appeal to help provide assistance to people in times of need, especially for those who are survivors of war, natural disaster, and conflict. By helping them to recover and rebuild, I hope to contribute to the sustainability and future of the country.

May Allah's mercy and blessings be with you in this month and throughout the year.



Here is the smiling face of one of the people you have helped to support in this blessed month through the delivery of essential food packs.

YOU'VE TURNED SHABANA'S LIFE AROUND

On Wednesday, 28 April, Human Appeal visited Shabana in Pakistan-administered Kashmir. She was widowed six years ago, and both of her children are supported by Human Appeal through our orphan sponsorship programme.

We visited Shabana to deliver her month-long food parcel, and she also benefited from our tailoring training, through which she received a sewing machine.

My husband passed away five years ago. He worked in a company, had a car and was applying to go abroad. Our circumstances were good. I just want to say to every woman, regardless of age, you should have skills to be able to work. You never know how your

life might change so you need to be able to depend on your skills. It may be that no-one except you is left to support you, not even your parents or your siblings.

Our condition before [Human Appeal's help] was terrible, but since the orphan sponsorship it has gotten a lot better.

We don't beg or have to ask anyone for anything, we get by with whatever we have. Receiving a sewing machine is one of the best things that happened to me. I really love the fact that I earn a living through my own hard work. I am really thankful to [those who donated] because they really took care of my children, gave us the sponsorship and the sewing machine and because of that it's all working out. My kids are able to get their education and both are doing great in their studies. My son wants to be an army officer and my daughter wants to be a doctor and that's what I want for them too.



Shabana testing out her new sewing machine in Azad Kashmir.

KEEPING DISTRIBUTIONS COVID-SAFE

Ahmed Alyazli is our new communications officer in Sana'a, Yemen. He joined us eight months ago, and has helped with the planning, organisation, and publicity of our food distributions in Yemen. Here, he shares with us his experiences of his first Ramadan as part of the Human Appeal family, and offers an insight into how we're keeping distributions safe in light of COVID-19.

I love Ramadan. I feel spiritually elevated and much closer to Allah. I get much closer to vulnerable people too. It's a time for me to review my deeds and try to improve. All while not forgetting iftar and sambousas, of course!

On the day of the distributions, our staff welcome beneficiaries with masks and hand sanitisers. Then they're instructed to enter in small groups while remaining socially-distant. To accommodate cultural needs, there are separate distribution desks for men and women. At these desks, we check their details against what we have pre-registered, and issue a distribution card with their thumbprint. Then they go to the distribution warehouse next door to collect their food parcels.

Our distributions target vulnerable families, especially ones led by women and older people.

The best part of my job is identifying the most vulnerable families, making sure their voices are heard, hearing

their duaas for us, and seeing their smiles when we help them.

I want our supporters to know that their donations go precisely where they need to be. We never do blanket distributions. Instead, we visit door-to-door and closely assess people's needs, planning what kind of response is needed. That's what sets us apart and makes us so reliable.

And I also want you to know that the prayers of those you help can reach you in ways you can't begin to imagine.



SNAPSHOTS FROM THE FIELD

Update from our girls school in Pakistan

This week, our Pakistan team inspected the progress of the primary school for girls that we're constructing in the district of Rahim Yar Khan, in Punjab, Pakistan. The school, covering half an acre, will accommodate **250-300** female pupils once completed, with six class rooms, six washrooms and a playground. Due to be completed in August 2021, it will then be handed over to the local government education department. Human Appeal is committed to improving access to education for girls. In this region, only 1% of girls go to school due to a lack of facilities, so this school will make a big difference to their lives and futures.



Giving the gift of education to street children in Pakistan.



Cataract surgeries in Yemen

Over the past week, our supporters have provided cataract surgeries for **51** men and **39** women in Taiz, which we carried out in partnership with Mercy Relief. We also delivered **300** Ramadan food parcels to the Blind Society in Sana'a.

This Ramadan we are giving the gift of sight to thousands of vulnerable people through performing cataract surgery.

SHARED BLESSINGS

The Messenger of Allah (PBUH) said,



*"I was informed of (the date of the **Night of Qadr**) but I was caused to forget it; so search for it in the odd nights of the last ten nights of the month of Ramadan." (Bukhari)*

