



Duas

for

**RAMADAN
2023**



Duas

**FOR THE LAST
10 NIGHTS OF
RAMADAN**



Dua 1

“Rabbanaa laa tuzigh
quloobanaa ba'da idh
hadaytanaa wahab lanaa
min ladunka rahmah
innaka antal wahhaab”



Translation:

(Our Lord, do not let our hearts deviate after You have guided us, and grant us mercy from Yourself. You are the Bestower.)

Explanation:

This Dua seeks Allah's protection from straying from the right path after having been guided towards it. It also asks for mercy and blessings from Allah, recognizing that all good things come from Him.

Practical Tips:

Recite this Dua daily during moments of reflection and contemplation, such as after Fajr or Isha prayers.

Reflect on the meaning of the Dua and strive to live a life guided by the teachings of Islam.

Dua 2

“Allahumma inni a’oodhu
bika minal-hammi
walhuzni wal’ajzi
walkasli walbukhli
waljubni wa dal’id-dayni
wa ghalabatir-rijal”



Translation:

(O Allah, I seek refuge in You from anxiety, grief, weakness, laziness, miserliness, cowardice, and overwhelming debt and from the oppression of men).

Explanation:

This Dua seeks Allah’s protection and refuge from various forms of hardship, including anxiety, grief, and financial difficulties. It recognizes that all good things come from Allah and seeks His help and guidance in overcoming challenges.

Practical Tips:

Recite this Dua daily during moments of stress or anxiety.

When reciting this Dua, reflect on the specific challenges you are facing and ask Allah for the strength and guidance to overcome them

Reflect on the meaning of the Dua and strive to live a life guided by the teachings of Islam.

Dua 3

“Allahumma innaka
‘afuwwun tuhibbul
‘afwa fa’fu ‘annee”



Translation:

(O Allah, You are the Forgiver and You love forgiveness, so forgive me).

Explanation:

This Dua seeks Allah’s forgiveness and mercy, recognizing that all humans make mistakes and are in need of forgiveness. It also acknowledges Allah’s love for forgiveness and the importance of forgiving others.

Practical Tips:

Recite this Dua daily during moments of reflection and contemplation.

Reflect on the meaning of forgiveness and strive to forgive others in your daily life.

Dua 4

“Hasbi Allahu la ilaha
illa huwa ‘alayhi
tawakkaltu wa huwa
Rabbul ‘arshil ‘atheem”



Translation:

(Allah is sufficient for me, there is no god but Him; in Him I put my trust and He is the Lord of the mighty throne.)

Explanation:

This Dua expresses complete trust and reliance on Allah during times of difficulty and uncertainty. It recognizes that Allah alone is sufficient to meet our needs and overcome challenges.

Practical Tips:

Recite this Dua daily during moments of stress or uncertainty.

When reciting this Dua, remind yourself of Allah’s power and might and trust in His plan for your life.

Dua 5

“Rabbi inni
maghloobun fantasir”



Translation:

(O my Lord! Truly, I am overwhelmed,
so help me.)

Explanation:

This Dua seeks Allah’s help and guidance during times of difficulty and hardship. It acknowledges the limitations of human beings and the need for divine intervention to overcome challenges.

Practical Tips:

Recite this Dua daily during moments of stress or difficulty

When reciting this Dua, reflect on the specific challenges you are facing and ask Allah for His help

Dua for Patience

“Allahumma inni
as'aluka sabr”



Translation:

(O Allah, I ask You for patience). This Dua can be recited during times of stress, anxiety or hardship to seek strength and patience to overcome the difficulty.

Dua for Peace



“Allahumma antas
salam wa minkas
salam tabarakta ya
dhaljalali wal ikram”

Translation:

(O Allah, You are the source of peace, and from You comes all peace. Blessed are You, O Possessor of glory and honor). This Dua can be recited when seeking inner peace or to calm a situation of conflict or turmoil.

Dua for Forgiveness

“Rabbana zalamna
anfusina wa in
lam taghfir lana
wa tarhamna lana
kunan minal-
khasirin”



Translation:

(Our Lord, we have wronged ourselves, and if You do not forgive us and have mercy upon us, we will surely be among the losers). This Dua can be recited when seeking forgiveness for one's sins, mistakes, or wrongdoings.

Dua for Protection



“Allahumma inni
a’udhu bika min
sharri nafsi wa
sharrish-shaytani
wa shirkihi”

Translation:

(O Allah, I seek refuge in You from the evil of my soul, the evil of Shaytan and his association).

Explanation:

This Dua can be recited for protection against negative influences, temptation, or harm.

Dua for Strength



“Allahumma la
sahla illa ma
ja’altahu sahl, wa
anta taj’alul-hazna
idha shi’ta sahl”

Translation:

(O Allah, there is no ease except in what You have made easy, and You make the difficult easy if it be Your Will).

Explanation:

This Dua can be recited when seeking strength and courage to face a challenging situation.

Dua for Guidance



“Rabbana la tuzigh
quloobana ba’da idh
hadaytana wa hab
lana milladunka
rahmah innaka
antal-wahhab”

Translation:

(Our Lord, do not let our hearts deviate after You have guided us, and grant us mercy from Your presence. Indeed, You are the Bestower).

Explanation:

This Dua can be recited when seeking guidance and direction in one’s life or decision making.

Dua for Contentment



“Allahumma inni
as'aluka al-ridhaa
ba'dal-qadaa wa
al-baraka fi al-
khitaam”

Translation:

(O Allah, I ask You for contentment after fate and blessing in the end).

Explanation:

This Dua can be recited when seeking inner peace and contentment with one's life situation or circumstances.

Dua for Hope



“Allahumma ajirni
min al-nar”

Translation:

(O Allah, protect me from the fire).

Explanation:

This Dua can be recited when feeling hopeless or despairing, seeking hope and protection from the difficulties of life.

Dua for Gratitude



“Alhamdulillahil-
ladhi hadana li-
hatha wa ma kunna
li-nahtadiya laula
an hadana Allah”

Translation:

(All praise is due to Allah who guided us to this, and we would not have been guided if it were not for Allah).

Explanation:

This Dua can be recited to express gratitude and thanks to Allah for His blessings and guidance.

Dua for Strength and Courage



“Allahumma inni
as’aluka al-’azima
fi’l-musibati wa’l-
shajaa’ata fi’l-
ghaybah.”

Translation:

O Allah, I ask You for strength during
times of hardship and courage during
times of fear.

Dua for Guidance



“Rabbana la tuzigh
quloobana ba’da idh
hadaytana wa hab
lana min ladunka
rahmah innaka
anta’l-wahhab.”

Translation:

Our Lord, do not let our hearts deviate after You have guided us, and grant us mercy from Your own presence; You are the Grantor of bounties without measure.

Dua for Patience



“Ya Allah, grant me
patience and make
me steadfast.”

Translation:

Ya Allah, bestow patience upon
me and make me steadfast.

Dua for Forgiveness



**“Astaghfirullah
Rabbi min kulli
dambin wa
atoobu ilayh.”**

Translation:

I seek forgiveness from Allah, my Lord, for every sin I committed, and I turn to Him.

Dua for Peace



“Allahumma anta
al-salam wa minka
al-salam tabarakta
ya dhal-jalali wa'l-
ikram.”

Translation:

O Allah, You are the source of peace and from You comes all peace, Blessed are You, O Possessor of majesty and honor.

Dua for Protection



“Allahumma inni
a’oodhu bika min
sharri nafsi wa min
sharri kulli da’abatin
anta akhidhun bi
na’siyatiha inna
Rabbî ‘alâ siraṭin
mustaqîm.”

Translation:

O Allah, I seek refuge in You from the evil of my soul and from the evil of every creature. Verily, my Lord is on the straight path.

Dua for Guidance and Protection



“Allahumma ya
muqallibal-qulub,
thabbit qalbi ‘ala
dinik.”

Translation:

O Allah, the Turner of hearts, keep
my heart steadfast on Your religion.

Dua for Contentment



“Allahumma inni
as’aluka al-qana’ata
wa’l-ridha.”

Translation:

O Allah, I ask You for contentment
and satisfaction.

Dua for Gratitude



“Alhamdulillah
ala kulli hal.”

Translation:

All praise is due to Allah in every
situation.

Dua for Mercy



“Allahumma arhamni
rahmatan taghnî
bihâ ‘an rahmati
man siwâka.”

Translation:

O Allah, have mercy on me with a
mercy that will save me from the mercy
of anyone but You.

Dua for goodness



Allahumma inni
as'alukal-'afwa wal-
'afiyah fid-dunya
wal-akhirah

Translation:

O Allah, I ask You for forgiveness
and well-being in this world and
in the Hereafter.

*Dua to help you overcome
any difficulties in life:*



**Hasbunallahu wa
ni'mal wakeel**

Translation:

'Allah alone is sufficient as an aid for
us and He is the best Protector.'

Dua to ease your sorrow and pain

“Rabbi ishrah lee
sadree Wayassir
lee amree.”



Translation:

“My Lord, expand for me my breast
[with assurance], ease for me my task,
and untie the knot from my tongue
that they may understand my speech.”
(Quran, 20:25-28)

Dua of Yunis (as) to solve hardship



Allahumma inni
as'alukal-'afwa wal-
'afiyah fid-dunya
wal-akhirah

Translation:

O Allah, I ask You for forgiveness
and well-being in this world and in
the Hereafter.

Dua for depression and heartbreak



Allaahumma inni 'abduka wa
ibnu 'abdika wa ibn ammatika
naasiyati bi yadika maadin fiyya
hukmuka 'adlun fiyya qadaa'uka
as'aluka bi kulli ismin huwa
laka sammayta bihi nafsaka aw
'allamtahu ahadan min khalqika
aw anzaltahu fi kitaabika aw
asta'tharta bihi fi 'ilm il-ghaybi
'indaka an taj'al al-Qur'aana
rabee'a qalbi wa nooar sadri wa
jalaa'a huzni wa dhahaaba hammi.

Translation:

"O Allaah, I am Your slave, son of Your slave, son of Your female slave, my forelock is in Your hand, Your command over me is forever executed and Your decree over me is just.

I ask You by every name belonging to You with which You have named Yourself, or, or You have taught to any of Your creation, or You have revealed in Your Book, or You have preserved in the knowledge of the Unseen with You, that You make the Qur'aan the life of my heart and the light of my breast, and a departure for my sorrow and a release for my anxiety."

Third Dua From Surah Kahf Seeking Allah's Mercy



Rabbana atina mil-
ladunka Rahma
wa hayyi lana min
amrina rashada

Translation:

Our Lord, grant us from Yourself
mercy and prepare for us from our
affair right guidance.

Dua to recite for your loved ones



Allaahum-maghfir
lihayyinaa, wa mayyitinaa, wa
shaahidinaa, wa ghaa'ibinaa,
wa sagheerinaa wa kabeerinaa,
wa thakarinaa wa 'unthaanaa.
Allaahumma man 'ahyaytahu
minnaa fa'ahyihi 'alal-'Islaami,
wa man tawaffaytahu minnaa
fatawaffahu 'alal-'eemaani,
Allaahumma laa tahrimnaa
'ajrahu wa laa tudhillanaa
ba'dahu

Translation:

O Allah forgive our living and our dead, those who are with us and those who are absent, our young and our old, our menfolk and our womenfolk. O Allah, whomever you give life from among us give him life in Islam, and whomever you take away from us take him away in Faith. O Allah, do not forbid us their reward and do not send us astray after them.

Dua for mercy and better in the hereafter



Allaahum-maghfir lahu warhamhu,
wa 'aafihi, wa'fu 'anhu, wa 'akrim
nuzulahu, wa wassi' mudkhalahu,
waghsilhu bilmaa'i wathalaji
walbarad, wa naqqihi minal-
khataayaa kamaa naqqaytath-
thawbal-'abyadha minad-danasi,
wa 'abdilhu daaran khayran min
daarihi, wa 'ahlan khayran min
'ahlihi, wa zawjan khayran min
zawjihi, wa 'adkhilhul-jannata, wa
najihi. min 'athaabil-qabri [wa
'athaabin-naar]

Translation:

O Allah, forgive them and have mercy on them and give them strength and pardon them. Be generous to them and cause their entrance to be wide and wash them with water and snow and hail. Cleanse them of their transgressions as white cloth is cleansed of stains. Give them an abode better than their home, and a family better than their family and a spouse better than their spouse. Take them into Paradise and protect them from the punishment of the grave [and from the punishment of Hell-fire].

Duas for good manners



Allahumma inni
a'udu-bika min
munkaratil-akhlaq,
wal-a'mal, wal-
ahwa'

Translation:

“O Allah! I seek refuge in You from undesirable manners, deeds, and aspirations” (Sunan At-Tirmizi)

Dua for patience and a good end

Rabbana afrigh
'alaina sabran
wa tawaffana
Muslimin



Translation:

“Our Lord! Pour out on us patience,
and allow us to die as Muslims.”
(Surah Al-A'raf , 7:126)

Dua for triumph against adversity



Ya Hayyu Ya
Qayyum,
birahmatika
astaghithu, aslih li
shāni kullahu, wa
la takilni ila nafsi
tarfata ‘ain

Translation:

“O The Ever-Living, O The Self-Subsisting, I seek help through Your Mercy. Set right all my affairs and do not leave me to myself even for the blinking of an eye (i.e. a moment).”
(Sunan An-Nasai’)

Dua for a righteous spouse



Rabbana hablana
min azwajina wa
durriyatana qurrota
'ayunina waj'alna lil
muttaqina imama.

Translation:

“Our Lord! Bless us with spouses and offspring who will be the joy of our hearts, and make us models for the righteous” (Surah Al Furqan, 25:74)



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